

## **FOOD PROGRAM**

### **Meals and Snacks**

The Center follows the Child and Adult Care Food Program (CACFP) of the U.S. Department of Agriculture. We provide breakfast, lunch and an afternoon snack. We encourage family style meal service as much as possible. Our meals consist of meats, fruits and vegetables, bread, with whole or 1% milk. Staff, who encourage conversation and teach proper table manners, supervise all meals and snacks. Teachers also stress the importance of hand washing and food safety. Water is regularly offered to the children and is available at any time upon request. Water will be available to all preschool and school age children through a self-serve station.

Infants are also a part of this food program. The Center provides any locally available Iron Fortified Infant Formula the family chooses. As children grow, baby food, milk and solid food will be provided according to the USDA food program guidelines.

Children are not to bring food to the Center. Exceptions will be made for medical reasons, religious reasons, and commercially prepared food used for treats and/or birthday parties. Please consult your child's teacher if you will be bringing treats for the classroom to determine the number you will need to bring for the children.

### **Food Allergy Information**

Food allergies and food intolerances should be communicated by the child's parents and supported by a signed physician statement. Foods that cause allergic reactions can be eliminated from the diet.

### **Reimbursement from State of Minnesota**

Once a year, families are asked to complete a confidential household income statement to help determine reimbursement rates for the following year. Your participation is greatly appreciated.

If you have questions about the Child and Adult Care Food Program, please contact: Food and Nutrition Service, MN Dept. of Children, Families & Learning, 1500 Highway 36 West, Roseville, MN 55113-4266, phone: (651) 582-8526 or (800) 366-8922, email: [fns@state.mn.us](mailto:fns@state.mn.us)

### **Civil Rights Information**

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Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: How to File a Complaint, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

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*Revised November 2021.*