

The Children's Center Menu - October 2021

DATE	BREAKFAST	LUNCH	SNACK
(Whole or 1% Milk served with all lunches)			
1	Whole or 1% Milk WG Cheerios Cereal Diced Peaches	Diced Chicken Teriyaki On WG Tortilla, Baby Carrots Apple Quarters	Animal Crackers Whole or 1% Milk
4	Whole or 1% Milk WG Kix Cereal Apple Quarters	Scalloped Potatoes w/Diced Ham Green Beans Diced Peaches, Bread	Town House Crackers Sliced American Cheese Water
5	Whole or 1% Milk Toast Diced Peaches	Ham & Cheese Sandwich Broccoli Trees Orange Slices	WG Tortilla Chips Mild Salsa Whole or 1% Milk
6	Whole or 1% Milk Corn Flakes Cereal Orange Slices	Diced Chicken Enchilada Hotdish w/WG Rice, Corn Diced Pears, Bread	Graham Crackers Whole or 1% Milk
7	Whole or 1% Milk Toast w/Wowbutter Diced Pears	Cheese Omelets Diced Carrots Applesauce, Toast	WG Corn Chex Cereal Whole or 1% Milk
8	Whole or 1% Milk Rice Krispies Cereal Applesauce	BBQ Beef On WG Bun Cucumber Slices Banana	Pretzels & Raisins Whole or 1% Milk
11	Whole or 1% Milk Corn Flakes Cereal Apple Quarters	Diced Ham & WG Rice Hotdish Green Beans Diced Peaches, Bread	Saltine Crackers Sliced American Cheese Water
12	Whole or 1% Milk Toast Diced Peaches	Turkey & Cheese Sandwich Baby Carrots Orange Slices	WG Goldfish Crackers Whole or 1% Milk
13	Whole or 1% Milk WG Kix Cereal Orange Slices	Cheesy Diced Chicken & Vegetable Soup, Saltine Crackers Cheese Sandwich, Banana	Animal Crackers Whole or 1% Milk
14	Whole or 1% Milk English Muffins w/Jelly Banana	Beef Spaghetti w/WG Pasta Corn Diced Pears, Bread	WG Flour Tortillas Wowbutter, Raisins Whole or 1% Milk
15	Whole or 1% Milk WG Cheerios Cereal Diced Pears	Hot Ham & Cheese On WG Bun Broccoli Trees Apple Quarters	Frosted Sugar Cookie Applesauce Whole or 1% Milk



**** 605 James Avenue is a peanut free facility that serves Wow butter instead of peanut butter. ****

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18	Whole or 1% Milk WG Life Cereal Apple Quarters	WG Macaroni & Cheese w/Diced Ham, Green Beans Pineapple Tidbits, Bread	Wheat Thins Crackers Sliced American Cheese Water
19	Whole or 1% Milk Cinnamon Toast Pineapple Tidbits	Bologna & Cheese Sandwich Baby Carrots Apple Quarters	WG Tortilla Chips Mild Salsa Whole or 1% Milk
20	Whole or 1% Milk Rice Krispies Cereal Apple Quarters	Diced Chicken & WG Rice Hotdish Corn Diced Peaches, Bread	Cheez-its Crackers Whole or 1% Milk
21	Whole or 1% Milk WG Waffles w/Syrup Diced Peaches	Beef & Bean Chili, Saltine Crackers Cheese Sandwich Orange Slices	WG Blueberry Muffin Whole or 1% Milk
22	Whole or 1% Milk Corn Flakes Cereal Orange Slices	Turkey Hot Dog On WG Bun Broccoli Trees Banana	Pretzels & Raisins Whole or 1% Milk
25	Whole or 1% Milk WG Cheerios Cereal Banana	Diced Ham & Cheesy Hashbrowns Green Beans Diced Peaches, Bread	Town House Crackers Sliced American Cheese Water
26	Whole or 1% Milk Toast w/Wowbutter Diced Peaches	Turkey & Cheese Sandwich Baby Carrots Orange Slices	WG Goldfish Crackers Whole or 1% Milk
27	Whole or 1% Milk Corn Flakes Cereal Orange Slices	Hamburger Vegetable Soup Saltine Crackers, Banana Cheese Sandwich	WG Kix Cereal Whole or 1% Milk
28	Whole or 1% Milk WG Bagels w/Cream Cheese, Banana	Diced Ranch Chicken Lettuce Salad Pineapple Tidbits, Bread	Graham Crackers Whole or 1% Milk
29	Whole or 1% Milk Rice Krispies Cereal Pineapple Tidbits	Beef Goulash w/WG Noodles Corn Mandarin Oranges, Bread	Apple Juice Mozzarella String Cheese



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