

# THE CHILDREN'S CENTER MENU - OCTOBER 2020

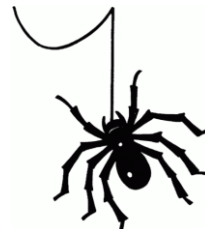
DATE	BREAKFAST	LUNCH	SNACK
<b>(Whole or 1% Milk served with all lunches)</b>			
1	Whole or 1% Milk Toast w/Wow Butter Diced Peaches	Diced Chicken and WG Noodles Diced Carrots Diced Pears, Bread	Cheez-Its Crackers Whole or 1% Milk
2	Whole or 1% Milk Rice Krispies Cereal Diced Pears	Sloppy Joe On WG Bun Broccoli Trees Orange Slices	Animal Crackers Whole or 1% Milk
5	Whole or 1% Milk Corn Flakes Cereal Orange Slices	Diced Chicken & WG Rice Hotdish Green Beans Mixed Fruit Cocktail, Bread	Town House Crackers Sliced American Cheese Water
6	Whole or 1% Milk Toast Mixed Fruit Cocktail	Turkey & Cheese Sandwich Baby Carrots Apple Quarters	WG Goldfish Crackers Whole or 1% Milk
7	Whole or 1% Milk WG Kix Cereal Apple Quarters	Beef Tacos w/WG Tortillas Lettuce Salad Pineapple Tidbits	Pretzels & Raisins Whole or 1% MILK
8	Whole or 1% Milk Toast w/Jelly Pineapple Tidbits	Diced Ham & Cheesy Hash Browns Corn Diced Pears, Bread	WG Tortilla Chips Mild Salsa Whole or 1% Milk
9	Whole or 1% Milk Rice Krispies Cereal Diced Pears	Sausage Patty, WG Biscuit Broccoli Trees Banana	Graham Crackers Whole or 1% Milk'
12	Whole or 1% Milk Corn Flakes Cereal Banana	Diced Ham WG Macaroni & Cheese Green Beans Diced Peaches, Bread	Saltine Crackers Sliced American Cheese Water
13	Whole or 1% Milk Cinnamon Toast Diced Peaches	Ham & Cheese Sandwich Baby Carrots Apple Quarters	WG Rice Chex Cereal Whole or 1% Milk
14	Whole or 1% Milk Rice Chex Cereal Apple Quarters	Diced Chicken Vegetable Soup Saltine Crackers, Orange Slices Cheese Sandwich	WG Tortilla Chips Mild Salsa Whole or 1% Milk
15	Whole or 1% Milk Toast Orange Slices	Scalloped Potatoes w/Diced Ham Green Beans Mixed Fruit Cocktail, Bread	WG Chocolate Chip Muffin Whole or 1% Milk
16	Whole or 1% Milk WG Kix Cereal Mixed Fruit Cocktail	Beef Cowboy Baked Beans Cheese Sandwich Banana	Pretzels and Raisins Whole or 1% Milk



**\*\* 605 James Avenue is a peanut free facility that serves Wow butter instead of peanut butter. \*\***

# The Children's Center Menu - October 2020

DATE	BREAKFAST	LUNCH	SNACK
<b>(Whole or 1% Milk served with all lunches)</b>			
19	Whole or 1% Milk WG Cheerios Cereal Banana	Hamburger Enchilada Hotdish w/WG Rice, Corn Diced Peaches, Bread	Town House Crackers Sliced American Cheese Water
20	Whole or 1% Milk Toast Diced Peaches	Turkey & Cheese Sandwich Broccoli Trees Orange Slices	WG Tortilla Chips Mild Salsa Whole or 1% Milk
21	Whole or 1% Milk WG Kix Cereal Orange Slices	Beef & Bean Chili Saltine Crackers Diced Pears, Cheese Sandwich	Yogurt Graham Crackers Water
22	Whole or 1% Milk Toast w/Jelly Diced Pears	Cheese Omelets Corn Mandarin Oranges, Toast	WG Goldfish Crackers Whole or 1% Milk
23	Whole or 1% Milk Rice Krispies Cereal Mandarin Oranges	Cheeseburger on WG Bun Baby Carrots Apple Quarters	Pumpkin Sugar Cookies Applesauce Whole or 1% Milk
26	Whole or 1% Milk WG Cheerios Cereal Apple Quarters	Diced Ham & WG Rice Hotdish Green Beans Pineapple Tidbits, Bread	Saltine Crackers Sliced American Cheese Water
27	Whole or 1% Milk Toast w/Wow Butter Pineapple Tidbits	Ham & Cheese Sandwich Baby Carrots Orange Slices	WG Goldfish Crackers Whole or 1% Milk
28	Whole or 1% Milk Corn Flakes Cereal Orange Slices	Hamburger Vegetable Soup Saltine Crackers, Diced Peaches Cheese Sandwich	WG Tortilla Chips Mild Salsa Whole or 1% Milk
29	Whole or 1% Milk Toast w/Jelly Diced Peaches	Diced Chicken Teriyaki On WG Tortilla, Broccoli Trees Banana	Graham Crackers Whole or 1% Milk
30	Whole or 1% Milk WG Kix Cereal Banana	Beef Goulash w/WG Pasta Corn Mandarin Oranges, Bread	Mozzarella String Cheese Apple Juice



# Happy Halloween!

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