

THE CHILDREN'S CENTER MENU - OCTOBER 2018

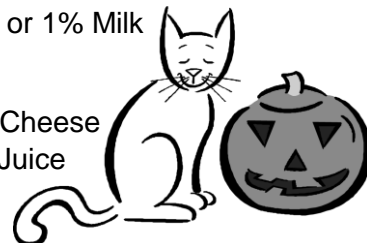
DATE	BREAKFAST	LUNCH	SNACK
(Whole or 1% Milk served with all lunches)			
1	Whole or 1% Milk WG Chex Cereal Apple Quarters	Scalloped Potatoes w/Diced Ham Green Beans Diced Peaches, Bread	Town House Crackers Sliced American Cheese Water
2	Whole or 1% Milk Toast Diced Peaches	Hamburger & Vegetable Soup Saltine Crackers, Orange Slices Cheese Sandwich	WG Goldfish Crackers Whole or 1% Milk
3	Whole or 1% Milk Corn Flakes Cereal Orange Slices	Grilled Chicken Breast w/WG Bun Corn Applesauce	Graham Crackers Whole or 1% Milk
4	Whole or 1% Milk Toast w/Wow Butter Applesauce	Beef & Cheese Lasagna Hotdish Lettuce Salad w/Ranch Dressing Diced Pears, Bread	Pretzel Raisins Whole or 1% Milk
5	Whole or 1% Milk WG Kix Cereal Diced Pears	Turkey & Cheese Sandwich Baby Carrots Banana	Cheese Its Crackers Whole or 1% Milk
8	Whole or 1% Milk Cheerios Cereal Banana	Diced Ham & WG Rice Hotdish Peas & Carrots Pineapple Tidbits, Bread	Saltine Crackers Sliced American Cheese Water
9	Whole or 1% Milk Toast w/Jelly Pineapple Tidbits	Beef & Bean Chili, Saltine Crackers Cheese Sandwich Apple Quarters	WG Tortilla Chips Mild Salsa Whole or 1% Milk
10	Whole or 1% Milk Rice Krispies Cereal Apple Quarters	Chicken Bacon Ranch Salad WG Dinner Roll Banana	Apple Smiles (apples, wow butter marshmallows) Whole or 1% Milk
11	Whole or 1% Milk WG Bagels w/Cream Cheese, Banana	Pizza Burgers w/WG Buns Corn Diced Peaches	Animal Crackers Whole or 1% Milk
12	Whole or 1% Milk Corn Flakes Cereal Diced Peaches	Ham & Cheese Sandwich Broccoli Trees Apple Quarters	WG Goldfish Crackers Whole or 1% Milk



**** 605 James Avenue is a peanut free facility that serves Wow butter instead of peanut butter. ****

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DATE	BREAKFAST	LUNCH	SNACK
(Whole or 1% Milk served with all lunches)			
15	Whole or 1% Milk Corn Flakes Cereal Apple Quarters	WG Macaroni & Cheese w/Diced Ham, Green Beans Diced Pears, Bread	Town House Crackers Sliced American Cheese Water
16	Whole or 1% Milk WG Pancakes w/Syrup Diced Pears	Diced Chicken & Vegetable Soup Saltine Crackers, Orange Slices Cheese Sandwich	Graham Crackers Whole or 1% Milk
17	Whole or 1% Milk Rice Chex Cereal Orange Slices	WG Spaghetti w/Beef Sauce Lettuce Salad w/Ranch Dressing Pineapple Tidbits, Bread	Cheese Its Crackers Whole or 1% Milk
18	Whole or 1% Milk Toast w/Wow Butter Pineapple Tidbits	Cheese Burger w/ WG Bun Sliced Pickle, Corn Applesauce	String Cheese Apple Juice
19	Whole or 1% Milk Oatmeal Diced Peaches	Turkey & Cheese Sandwich Baby Carrots Banana	WG Cheerios Whole or 1% Milk
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22	Whole or 1% Milk Rice Krispies Cereal Banana	Diced Chicken & WG Rice Peas & Carrots Applesauce, Bread	Saltine Crackers Sliced American Cheese Water
23	Whole or 1% Milk Toast Applesauce	Beef Cowboy Baked Beans Cheese Sandwich Diced Pears	WG Rice Chex Cereal Whole or 1% Milk
24	Whole or 1% Milk Honey Bunches of Oat Cereal, Diced Pears	Beef Taco Burgers w/WG Bun Lettuce Salad w/Ranch Dressing Banana	Animal Crackers Whole or 1% Milk
25	Whole or 1% Milk Toast w/Cinnamon Sugar Banana	Diced Ham & Cheesy Hashbrowns Corn Diced Peaches, Bread	WG Tortilla w/Wow Butter Raisins Whole or 1% Milk
26	Whole or 1% Milk WG Kix Cereal Diced Peaches	Hot Ham & Cheese Party Sandwiches, Baby Carrots Apple Quarters	Frosted Sugar Cookies Whole or 1% Milk
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29	Whole or 1% Milk WG Cheerios Cereal Apple Quarters	Diced Chicken & WG Noodles Green Beans Pineapple Tidbits, Bread	Town House Crackers Sliced American Cheese Water
30	Whole or 1% Milk Toast Pineapple Tidbits	Bean & Diced Ham Soup Saltine Crackers, Orange Slices Cheese Sandwich	WG Goldfish Crackers Whole or 1% Milk



HAVE A SAFE AND HAPPY HALLOWEEN!!

Whole or 1% Milk Apple Jacks Cereal Orange Slices	Beef Goulash w/WG Pasta Corn Applesauce, Bread	Pretzels & Raisins Whole or 1% Milk
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