

The Children's Center Menu - October 2017



DATE	BREAKFAST	LUNCH	SNACK
(Whole or 1% Milk served with all lunches)			
2	1% or Whole Milk WG Rice Chex Cereal Orange Slices	Cheese Omelets Diced Carrots Applesauce, Bread	Town House Crackers Sliced American Cheese Water
3	Whole or 1% Milk Toast w/Jelly Applesauce	BBQ Pork Patty On A Bun Corn Pineapple Tidbits	WG Rice Chex Cereal Whole or 1% Milk
4	Whole or 1% Milk WG Kix Cereal Pineapple Tidbits	Wacky Diced Chicken Cowboy Beans Cheese Sandwich Banana	Mandarin Oranges Whole or 1% Milk
5	Whole or 1% Milk WW Toast Bananas	Beef Walking Tacos w/Doritos Lettuce Salad w/Ranch Dressing Diced Pears, Bread	Animal Crackers Whole or 1% Milk
6	Whole or 1% Milk WG Toasty Oats Cereal Diced Pears	Turkey & Cheese Sandwich Baby Carrots Apple Quarters	WG Goldfish Crackers Whole or 1% Milk
9	Whole or 1% Milk WG Kix Cereal Apple Quarters	Diced Chicken & WG Brown Rice Green Beans Diced Peaches	Saltine Crackers Sliced American Cheese Water
10	Whole or 1% Milk Toast w/Wow Butter Diced Peaches	WG Macaroni & Cheese w/Diced Ham, Corn Diced Pears, Bread	Pretzels & Raisins Whole or 1% Milk
11	Whole or 1% Milk Corn Flakes Cereal Diced Pears	Beef Tator Tot Hotdish Cheese Sandwich On WW Bread Bananas	Graham Crackers Whole or 1% Milk
12	Whole or 1% Milk Cinnamon Toast Bananas	Beef Sloppy Joes w/WG Bun Baby Carrots Pineapple Tidbits	Apple Smiles (apples, marshmallows, & wow butter) Whole or 1% Milk
13	Whole or 1% Milk Rice Krispies Cereal Pineapple Tidbits	Bologna & Cheese Sandwich On WW Bread, Broccoli Trees Orange Slices	Oyster Crackers Snack Whole or 1% Milk

OCTOBER



** 605 James Avenue is a peanut free facility that serves Wow butter instead of peanut butter.**

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DATE	BREAKFAST	LUNCH	SNACK
(Whole or 1% Milk served with all lunches)			
16	Whole or 1% Milk Corn Flakes Cereal Orange Slices	Diced Ham & Hash Brown Hotdish Green Beans Applesauce, Bread	WG Wheat Thins Crackers Sliced American Cheese Water
17	Whole or 1% Milk Toast Applesauce	Diced Chicken & WG Brown Rice Corn Diced Peaches, Bread	Mozzarella String Cheese Apple Juice
18	Whole or 1% Milk WG Toasty Oats Cereal Diced Peaches	Ham & Potato Soup Saltine Crackers, Cheese Sandwich Pineapple Tidbits, Bread	Graham Crackers Whole or 1% Milk
19	Whole or 1% Milk French Toast w/Syrup Diced Pears	Beef Italian Spaghetti w/WG Pasta Lettuce Salad w/Ranch Dressing Pineapple Tidbits, Bread	WG Toast Oats Cereal Whole or 1% Milk
20	Whole or 1% Milk WG Kix Cereal Pineapple Tidbits	Ham & Cheese Sandwich Baby Carrots Banana	Cheese-It's Crackers Whole or 1% Milk
23	Whole or 1% Milk Raisin Bran Cereal Banana	Scalloped Potatoes w/Diced Ham Peas & Carrots Applesauce, WG Bread	Town House Crackers Sliced American Cheese Water
24	Whole or 1% Milk Toast w/Wow Butter Applesauce	Beef Pizza Burger On A WG Bun Corn Pineapple Tidbits	Baby Carrots Ranch Dip Whole or 1% Milk
25	Whole or 1% Milk WG Mini Wheats Cereal Pineapple Tidbits	Diced Chicken & WG Brown Rice Cheese Sandwich Banana	WG Tortilla Chips Mild Salsa Whole or 1% Milk
26	Whole or 1% Milk WW Toast Banana	Chicken Nuggets Ranch Mashed Potatoes Apple Quarters, Bread	Wow Butter & Jelly Sandwich Whole or 1% Milk
27	Whole or 1% Milk WG Toasty Oats Cereal Apple Quarters	Turkey & Cheese Sandwich Baby Carrots Orange Slices	Frosted Sugar Cookies Applesauce Whole or 1% Milk
30	Whole or 1% Milk WG Rice Chex Cereal Orange Slices	Cheesy Diced Ham & Tator Tot Hotdish, Green Beans Diced Pears, Bread	Saltine Crackers Sliced American Cheese Water
31	Whole or 1% Milk Cinnamon Toast Diced Pears	Beef <u>Ghoooul</u> ash w/WG Pasta Creepy Corn Eerie Applesauce, Bread	Mozzarella String Cheese Apple Juice



Halloween

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