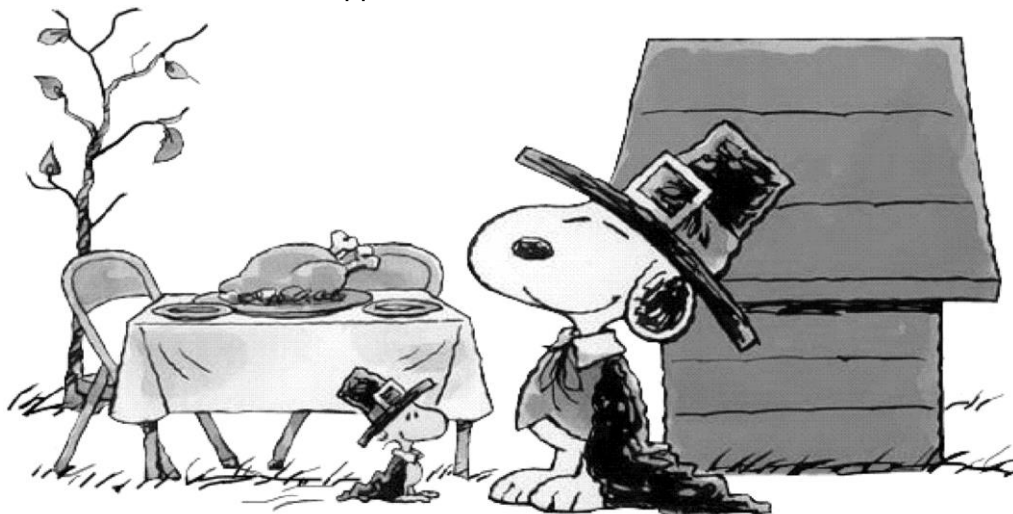


The Children's Center Menu - November 2020

DATE	BREAKFAST	LUNCH	SNACK
(Whole or 1% Milk served with all lunches)			
2	Whole or 1% Milk Corn Flakes Cereal Mandarin Oranges	WG Macaroni & Cheese w/ Diced Ham, Green Beans Diced Pea, Bread	Wheat Thins Crackers Sliced American Cheese Water
3	Whole or 1% Milk Toast Diced Pears	Turkey & Cheese Sandwich Baby Carrots Apple Slices	WG Goldfish Crackers Whole or 1% Milk
4	Whole or 1% Milk WG Kix Cereal Apple Quarters	Cheese Omelets Broccoli Trees Orange Slices, Toast	Pretzels & Raisins Whole or 1% Milk
5	Whole or 1% Milk Cinnamon Toast Orange Slices	Chicken Noodle Hotdish w/WG Pasta, Peas & Carrots Applesauce, Bread	Baby Carrots w/Ranch Dip Whole or 1% Milk
6	Whole or 1% Milk WG Cheerios Cereal Applesauce	Beef & Bean Chili, Saltine Crackers Cheese Sandwich Banana	Animal Crackers Whole or 1% Milk
9	Whole or 1% Milk Rice Krispies Cereal Banana	Beef Spaghetti w/WG Pasta Corn Pineapple Tidbits, Bread	Town House Crackers Sliced American Cheese Water
10	Whole or 1% Milk Toast Pineapple Tidbits	Ham & Cheese Sandwich Baby Carrots Orange Slices	WG Tortilla Chips Mild Salsa Whole or 1% Milk
11	Whole or 1% Milk WG Rice Chex Cereal Orange Slices	Chicken Patty on WG Bun Mixed Vegetables Fruit Cocktail	Graham Crackers w/ Wow Butter Whole or 1% Milk
12	Whole or 1% Milk WG Toaster Waffles Mixed Fruit Cocktail	Diced Ham & WG Rice Hotdish Green Beans Diced Peaches, Bread	Mozzarella String Cheese Apple Juice
13	Whole or 1% Milk WG Cheerios Cereal Diced Peaches	Sausage Patty on WG Biscuit Broccoli Trees Apple Slices	Cheez-Its Crackers Whole or 1% Milk

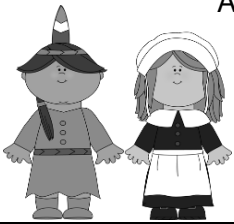


** 605 James Avenue is a peanut free facility that serves Wow butter instead of peanut butter. **

The Children's Center Menu - November 2020



DATE	BREAKFAST	LUNCH	SNACK
(Whole or 1% Milk served with all lunches)			
16	Whole or 1% Milk WG Cheerios Cereal Apple Quarters	Cheesy Diced Ham & Hash Browns Green Beans Diced Peaches, Bread	Saltine Crackers Sliced American Cheese Water
17	Whole or 1% Milk Toast w/Wow Butter Diced Peaches	Turkey & Cheese Sandwich Baby Carrots Orange Slices	WG Rice Chex Cereal Whole or 1% Milk
18	Whole or 1% Milk Rice Krispies Cereal Orange Slices	Hamburger Cowboy Baked Beans Cheese Sandwich Diced Pears	WG Goldfish Crackers Whole or 1% Milk
19	Whole or 1% Milk Cinnamon Toast Diced Pears	Diced Chicken Taco w/WG Tortilla, Lettuce Salad Pineapple Tidbits	Pretzels & Raisins Whole or 1% Milk
20	Whole or 1% Milk Corn Flakes Cereal Pineapple Tidbits	Cheese Burger on WG Bun Baby Carrots Bananas	Animal Crackers Whole or 1% Milk
23	Whole or 1% Milk Rice Krispies Cereal Banana	Diced Chicken & WG Rice Hotdish Green Beans Diced Peaches, Bread	Town House Crackers Sliced American Cheese Water
24	Whole or 1% Milk Toast Diced Peaches	Ham & Cheese Sandwich Broccoli Trees Apple Slices	WG Goldfish Crackers Whole or 1% Milk
25	Whole or 1% Milk WG Kix Cereal Apple Quarters	Hamburger & Tator Tot Hotdish Cheese Sandwich Mandarin Oranges, Bread	Mozzarella String Cheese Apple Juice



*November 26 and 27 Both Sites Closed
Have a Safe & Happy Thanksgiving!*



30	Whole or 1% Milk Rice Krispies Cereal Mandarin Oranges	Hamburger Pizza Hotdish w/WG Pasta, Corn Diced Pears, Bread	Saltine Crackers Sliced American Cheese Water
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