

The Children's Center Menu - November 2019

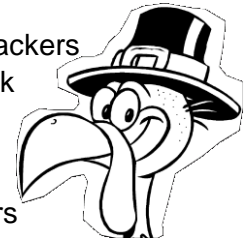
| DATE | BREAKFAST | LUNCH | SNACK |
|---|--|--|--|
| (Whole or 1% Milk served with all lunches) | | | |
| 1 | Whole or 1% Milk WG Kix Cereal Mandarin Oranges | Turkey & Cheese Sandwich Broccoli Trees Apple Quarters | Cheese It's Crackers Whole or 1% Milk |
| 4 | Whole or 1% Milk Corn Flake Cereal Apple Quarters | WG Macaroni & Cheese w/Diced Ham, Green Beans Diced Pears, Bread | Town House Crackers Sliced American Cheese Water |
| 5 | Whole or 1% Milk Toast Diced Pears | Diced Chicken & Vegetable Soup Saltine Crackers, Orange Slices Cheese Sandwich | WG Goldfish Crackers Whole or 1% Milk |
| 6 | Whole or 1% Milk Rice Krispies Cereal Orange Slices | Beef Sloppy Joe on WG Bun Corn Diced Peaches | Animal Crackers Whole or 1% Milk |
| 7 | Whole or 1% Milk WG Bagel w/Cream Cheese Diced Peaches | Cheese Omelets Baby Carrots Banana, Toast | Pretzels Mozzarella String Cheese Water |
| 8 | Whole or 1% Milk WG Rice Chex Cereal Banana | Ham & Cheese Sandwich Broccoli Trees Apple Quarters | Oyster Crackers Snack Whole or 1% Milk |
| 11 | Whole or 1% Milk WG Cheerios Cereal Apple Quarters | Scalloped Potatoes w/Diced Ham Green Beans Pineapple Tidbits, Bread | Saltine Crackers Sliced American Cheese Water |
| 12 | Whole or 1% Milk Toast w/Wow Butter Pineapple Tidbits | Beef & Bean Chili Saltine Crackers, Mandarin Oranges Cheese Sandwich | WG Rice Chex Cereal Whole or 1% Milk |
| 13 | Whole or 1% Milk Frosted Mini Wheats Mandarin Oranges | Diced Chicken & WG Rice Hotdish Corn Diced Peaches, Bread | Animal Crackers Whole or 1% Milk |
| 14 | Whole or 1% Milk WG Waffles w/ Syrup Diced Peaches | Sausage & Cheese Biscuit Baby Carrots Banana | Applesauce Whole or 1% Milk |
| 15 | Whole or 1% Milk WG Kix Cereal Applesauce | Ham & Cheese Sandwich Broccoli Trees Orange Slices | Cheese It's Crackers Whole or 1% Milk |



** 605 James Avenue is a peanut free facility that serves Wow butter instead of peanut butter. **

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| 18 | Whole or 1% Milk Corn Flakes Cereal Orange Slices | Diced Ham & WG Rice Hotdish Green Beans Diced Pears, Bread | Wheat Thins Crackers Sliced American Cheese Water |
| 19 | Whole or 1% Milk Toast w/Jelly Diced Pears | Diced Turkey & Vegetable Soup Saltine Crackers, Cheese Sandwich Applesauce | WG Goldfish Crackers Whole or 1% Milk |
| 20 | Whole or 1% Milk WG Rice Chex Cereal Applesauce | Diced Ham & Cheesy Hashbrowns Corn Diced Peaches, Bread | Yogurt Graham Crackers Water |
| 21 | Whole or 1% Milk Toast w/Wow Butter Diced Peaches | Chicken Patty on WG Bun Broccoli Trees Banana | WG Tortilla Chips Mild Salsa Whole or 1% Milk |
| 22 | Whole or 1% Milk WG Cheerios Cereal Banana | Bologna & Cheese Sandwich Baby Carrots Apple Quarters | Pretzels & Raisins Whole or 1% Milk |
| 25 | Whole or 1% Milk Corn Flakes Cereal Apple Quarters | Beef Pizza Hotdish w/WG Pasta Corn Diced Pears, Bread | Town House Crackers Sliced American Cheese Water |
| 26 | Whole or 1% Milk Cinnamon Toast Diced Pears | Cheesy Diced Ham & Vegetable Soup, Cheese Sandwich Mandarin Oranges | WG Cheerios Cereal Whole or 1% Milk |
| 27 | Whole or 1% Milk Rice Krispies Cereal Mandarin Oranges | Diced Chicken & WG Rice Hotdish Green Beans Applesauce | Mozzarella String Cheese Apple Juice |



All Sites Closed - Happy Thanksgiving!

29 **St. John's Site Closed - Care available at the James Avenue site.**

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| Whole or 1% Milk WG Kix Cereal Applesauce | Turkey & Cheese Sandwich Baby Carrots Orange Slices | Animal Crackers Whole or 1% Milk |
|---|---|-------------------------------------|



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