



The Children's Center Menu - November 2018

DATE	BREAKFAST	LUNCH	SNACK
(Whole or 1% Milk served with all lunches)			
1	Whole or 1% Milk Toast w/Jelly Applesauce	Cheese Omelets Baby Carrots Banana, Toast	WG Kix Cereal Whole or 1% Milk
2	Whole or 1% Milk WG Rice Chex Cereal Banana	Turkey & Cheese Sandwich Broccoli Trees Orange Slices	Animal Crackers Whole or 1% Milk
5	Whole or 1% Milk Corn Flakes Cereal Orange Slices	WG Mac & Cheese w/Diced Ham Green Beans Diced Pears, Bread	Town House Crackers Sliced American Cheese Water
6	Whole or 1% Milk Toast Diced Pears	Beef & Bean Chili, Crackers Cheese Sandwich Apple Quarters	WG Goldfish Crackers Whole or 1% Milk
7	Whole or 1% Milk Raisin Bran Cereal Apple Quarters	WG Rice & Diced Chicken Hotdish Corn Pineapple Tidbits, Bread	Apple Smiles (apples, wow butter & marshmallows) Whole or 1% Milk
8	Whole or 1% Milk Toast w/Wow Butter Pineapple Tidbits	Sloppy Joe On WG Bun Lettuce Salad w/Ranch Dressing Diced Peaches	Graham Crackers Whole or 1% Milk
9	Whole or 1% Milk WG Cheerios Cereal Diced Peaches	Ham & Cheese Sandwich Baby Carrots Apple Quarters	Cheese Its Crackers Whole or 1% Milk
12	Whole or 1% Milk Rice Krispies Cereal Apple Quarters	WG Spaghetti w/Beef Sauce Corn Diced Peaches, Bread	Saltine Crackers Sliced American Cheese Water
13	Whole or 1% Milk Toast Diced Peaches	Scalloped Potatoes w/Diced Ham Green Beans Diced Pears, Bread	WG Goldfish Crackers Whole or 1% Milk
14	Whole or 1% Milk WG Kix Cereal Diced Pears	Diced Chicken & Vegetable Soup Crackers, Cheese Sandwich Orange Slices	Corn Flakes Cereal Whole or 1% Milk
15	Whole or 1% Milk Cinnamon Toast Orange Slices	WG Rice & Hamburger Hotdish Mixed Vegetables Pineapple Tidbits, Bread	Graham Crackers Whole or 1% Milk
16	Whole or 1% Milk WG Cheerios Cereal Pineapple Tidbits	Turkey & Cheese Sandwich Baby Carrots Apple Quarters	WG Tortilla w/Wow Butter Raisins Whole or 1% Milk



**** 605 James Avenue is a peanut free facility that serves Wow butter instead of peanut butter. ****

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19	Whole or 1% Milk Corn Flakes Cereal Apple Quarters	WG Rice & Diced Ham Hotdish Green Beans Pineapple Tidbits, Bread	Town House Crackers Sliced American Cheese Water
20	Whole or 1% Milk Toast w/Jelly Pineapple Tidbits	Diced Chicken & WG Noodles Corn Diced Pears, Bread	Animal Crackers Whole or 1% Milk
21	Whole or 1% Milk WG Kix Cereal Diced Pears	Beef Tator Tot Hotdish w/Mixed Vegetables, Cheese Sandwich Applesauce	Mozzarella String Cheese Apple Juice
22	 <i>Have a Safe & Happy Thanksgiving!</i> 		
23	Whole or 1% Milk WG Rice Chex Cereal Applesauce	Ham & Cheese Sandwich Baby Carrots Bananas	Pretzels & Raisins Whole or 1% Milk
26	Whole or 1% Milk Raisin Bran Cereal Banana	WG Mac & Cheese w/Diced Chicken Diced Carrots Applesauce, Bread	Wheat Thins Crackers Sliced American Cheese Water
27	Whole or 1% Milk Toast w/Wow Butter Applesauce	Vegetable Beef Soup, Crackers Cheese Sandwich Orange Slices	WG Goldfish Crackers Whole or 1% Milk
28	Whole or 1% Milk WG Kix Cereal Orange Slices	Sloppy Joes On WG Bun Baby Carrots Banana	Animal Crackers Whole or 1% Milk
29	Whole or 1% Milk WG Waffles w/Syrup Banana	Cheesy Diced Ham & Hashbrowns Green Beans Diced Pears, Bread	WG Tortilla Chips Mild Salsa Whole or 1% Milk
30	Whole or 1% Milk WG Cheerios Cereal Diced Pears	Bologna & Cheese Sandwich Broccoli Trees Orange Slices	Cheese Its Crackers Whole or 1% Milk



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