

The Children's Center Menu - November 2017

DATE	BREAKFAST	LUNCH	SNACK
(Whole or 1% Milk served with all lunches)			
1	Whole or 1% Milk WG Kix Cereal Applesauce	Beef Cowboy Baked Beans Cheese Sandwich Banana	WG Goldfish Crackers Whole or 1% Milk
2	Whole or 1% Milk Toast Banana	Diced Chicken Alfredo w/WG Pasta Lettuce Salad w/Ranch Dressing Pineapple Tidbits, Bread	Graham Crackers Whole or 1% Milk
3	Whole or 1% Milk WG Cheerios Pineapple Tidbits	Ham & Cheese Sandwich Broccoli Trees Apple Quarters	Pretzels & Raisins Whole & 1% Milk
6	Whole or 1% Milk Rice Krispies Cereal Apple Quarters	WG Macaroni & Cheese w/Diced Ham, Green Beans Diced Peaches, Bread	Saltine Crackers Sliced American Cheese Water
7	Whole or 1% Milk Toast w/Jelly Diced Peaches	Cheesy Diced Chicken & WG Rice Peas & Carrots Diced Pears, Bread	Baby Carrots w/Ranch Dressing Whole or 1% Milk
8	Whole or 1% Milk Corn Flakes Cereal Diced Pears	Beef & Bean Chili, Saltine Crackers Cheese Sandwich Orange Slices	WG Goldfish Crackers Whole
9	Whole or 1% Milk French Toast w/Syrup Orange Slices	Beef Taco Burgers On WG Bun Lettuce Salad w/Ranch Dressing Applesauce	WG Cheerios Cereal Whole or 1% Milk
10	Whole or 1% Milk Raisin Bran Cereal Applesauce	Bologna & Cheese Sandwich Banana Baby Carrots	WG Tortilla Chips Mild Salsa Whole or 1% Milk
13	Whole or 1% Milk Rice Krispies Cereal Banana	Scalloped Potatoes w/Diced Ham Peas & Carrots Diced Peaches, WG Bread	Ritz Crackers Sliced American Cheese Water
14	Whole or 1% Milk Toast w/Wow Butter Diced Peaches	Diced Chicken Enchilada w/WG Rice Corn Applesauce, Bread	Mozzarella String Cheese Apple Juice
15	Whole or 1% Milk WG Kix Cereal Applesauce	Vegetable Beef Soup Saltine Crackers, Cheese Sandwich Banana	Cheese Its Crackers Whole or 1% Milk
16	Whole or 1% Milk WW Toast Banana	WG Crispy Fish Nuggets Lettuce Salad w/Ranch Dressing Diced Pears, Bread	Pretzels & Raisins Whole or 1% Milk
17	Whole or 1% Milk Corn Flakes Diced Pears	Hot Ham & Cheese On WG Bun Baby Carrots Orange Slices	Graham Crackers Whole or 1% Milk



**** 605 James Avenue is a peanut free facility that serves Wow butter instead of peanut butter. ****

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		(Whole or 1% Milk served with all lunches)	
20	Whole or 1% Milk WG Cheerios Orange Slices	Diced Ham & WG Rice Hotdish Green Beans Pineapple Tidbits, Bread	Apple Smiles (apples, wow butter & marshmallows) Whole or 1% Milk
21	Whole or 1% Milk Cinnamon Toast Pineapple Tidbits	BBQ Diced Chicken On A Bun Corn Diced Peaches	WG Rice Chex Cereal Whole or 1% Milk
22	Whole or 1% Milk WG Oatmeal Squares Cereal, Diced Peaches	Beef & Vegetable Tator Tot Hotdish Cheese Sandwich Banana	Animal Crackers Whole or 1% Milk



23 All Sites Closed - Happy Thanksgiving Day!



24 St. John's Site Closed - Care Available at the James Ave. Site

Whole or 1% Milk WG Rice Chex Cereal Banana	Turkey & Cheese Sandwich Baby Carrots Apple Quarters	WG Goldfish Crackers Whole or 1% Milk
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27	Whole or 1% Milk WG Kix Cereal Apple Quarters	Diced Chicken and WG Pasta Peas Diced Peaches, Bread	Saltine Crackers Sliced American Cheese Water
28	Whole or 1% Milk Toast Diced Peaches	Bean & Diced Ham Soup Saltine Crackers, Cheese Sandwich Mandarin Oranges	WG Goldfish Crackers Whole or 1% Milk
29	Whole or 1% Milk WG Rice Chex Cereal Mandarin Oranges	Diced Chicken Caesar Salads Romain Lettuce w/Caesar Dressing Apple Quarters, Bread	WG Corn Tortilla Chips Mild Salsa Whole or 1% Milk
30	Whole or 1% Milk Bagels w/Cream Cheese Apple Quarters	Beef WG Soft Shell Tacos Shredded Cheese, Pineapple Tidbits Lettuce Salad w/Ranch Dressing	Corn Flakes Cereal Whole or 1% Milk



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