

The Children's Center Menu - November 2016

DATE	BREAKFAST	LUNCH	SNACK
(Whole or 1% Milk served with all lunches)			
1	Whole or 1% Milk French Toast w/Syrup Mandarin Oranges	Cheesy Chicken & Brown Rice Lettuce Salad w/Ranch Dressing Diced Peaches, Bread	Blue Berry Muffins Applesauce Water
2	Whole or 1% Milk Kix Cereal Diced Peaches	Bean & Diced Ham Soup Saltine Crackers Cheese Sandwich, Apple Quarters	Whole Grain Goldfish Crackers Whole or 1% Milk
3	Whole or 1% Milk Toast w/Jelly Apple Quarters	Turkey Burger, Whole Wheat Bun Green Beans Diced Pears	Ants On A Log(celery, wow butter & raisins) Whole or 1% Milk
4	Whole or 1% Milk Corn Flakes Cereal Diced Pears	Bologna & Cheese Sandwich Broccoli Trees Orange Slices	String Cheese Apple Juice
7	Whole or 1% Milk Cheerios Cereal Orange Slices	Scalloped Potatoes w/Diced Ham Green Beans Diced Pears, Bread	Saltine Crackers Sliced American Cheese Water
8	Whole or 1% Milk Toast w/Wow Butter Diced Pears	Sloppy Joe On A Bun Broccoli Trees Diced Pears	Diced Peaches Yogurt Whole or 1% Milk
9	Whole or 1% Milk Rice Chex Cereal Applesauce	Beef & Bacon Cowboy Beans Cheese Sandwich Banana	Baby Carrots w/Ranch Dip Whole or 1% Milk
10	Whole or 1% Milk Cinnamon Toast Banana	Sausage Gravy Whole Grain Biscuit, Corn Pineapple Tidbits	Cheese It's Crackers Whole or 1% Milk
11	Whole or 1% Milk Corn Flakes Cereal Pineapple Tidbits	Ham & Cheese Sandwich Baby Carrots Banana	Vanilla Wafers Whole or 1% Milk



*Happy
Fall
Y'all!*



** 605 James Avenue is a peanut free facility that serves Wow butter instead of peanut butter.**

The Children's Center Menu - November 2016

DATE	BREAKFAST	LUNCH	SNACK
------	-----------	-------	-------

(Whole or 1% Milk served with all lunches)

14	Whole or 1% Milk Rice Krispies Cereal Banana	Macaroni & Cheese w/Diced Ham Peas Applesauce, Bread	Ritz Crackers Sliced American Cheese Water
15	Whole or 1% Milk Cinnamon Toast Applesauce	Turkey Hot Dogs On A Bun Baby Carrots Diced Pears	Whole Grain Goldfish Crackers Whole or 1% Milk
16	Whole or 1% Milk Corn Flakes Cereal Diced Pears	Beef & Bean Chili w/Crackers Cheese Sandwich Banana	Cottage Cheese Pineapple Tidbits Water
17	Whole or 1% Milk Toast w/Wow Butter Bananas	Diced Turkey in Gravy, Mashed Potatoes, Mandarin Orange Fluff Whole Wheat Dinner Roll	Graham Crackers Applesauce Whole or 1% Milk
18	Whole or 1% Milk Kix Cereal Fruit Cocktail	Bologna & Cheese Sandwich Broccoli Trees Apple Quarters	Cereal & Pretzels Snack Mix Whole or 1% Milk

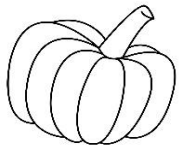


21	Whole or 1% Milk Cheerios Cereal Apple Quarters	Diced Ham & Hashbrowns Hotdish Green Beans Diced Peaches, Bread	Wheat Thins Crackers Cheddar Cheese Cubes Water
22	Whole or 1% Milk Toast w/Jelly Diced Peaches	Beef & Brown Rice Enchilada Hotdish, Corn Fruit Cocktail, Bread	Apple Smiles (apples, wow butter & marshmallows) Whole or 1% Milk
23	Whole or 1% Milk Frosted Mini Wheats Fruit Cocktail	Chicken Whole Grain Mini Corn Dogs, Apple Quarters Lettuce Salad w/Ranch Dressing	Whole Grain Cheese It's Crackers Whole or 1% Milk



24th

All Sites Closed - Happy Thanksgiving!



25 **St. John's Site Closed - Care provided at the James Avenue site.**

Whole or 1% Milk Rice Krispies Cereal Fruit Cocktail	Ham & Cheese Sandwich Baby Carrots Orange Slices	Vanilla Wafers Whole or 1% Milk
--	--	------------------------------------

28	Whole or 1% Milk Cheerios Cereal Orange Slices	Diced Ham & Brown Rice Hotdish Green Beans Diced Peaches, Bread	Ritz Crackers Sliced American Cheese Water
29	Whole or 1% Milk Whole Grain Waffles Diced Peaches	Diced Chicken Alfredo Lettuce Salad w/Ranch Dressing Diced Pears, Bread	Broccoli Trees w/ Ranch Dip Whole or 1% Milk
30	Whole or 1% Milk Honey Bunches of Oats Diced Pears	Beef & Vegetables Stew Cheese Sandwich Apple Quarters	Mandarin Oranges Animal Crackers Water



** 605 James Avenue is a peanut free facility that serves Wow butter instead of peanut butter.**