

The Children's Center Menu - July 2019

DATE BREAKFAST

LUNCH

SNACK

(Whole or 1% Milk served with all lunches)

1	Whole or 1% Milk Corn Flakes Cereal Apple Quarters	WG Macaroni & Cheese w/Ham Green Beans Pineapple Tidbits, Bread	Wheat Thins Crackers Sliced American Cheese Water
2	Whole or 1% Milk Toast Pineapple Tidbits	Hamburger Vegetable Soup Crackers, Cheese Sandwich Orange Slices	WG Goldfish Crackers Whole or 1% Milk
3	Whole or 1% Milk WG Life Cereal Orange Slices	Hamburger On WG Bun Sliced Pickle, Baby Carrots Apple Quarters	Apple Juice Mozzarella String Cheese



All Sites Closed - Have a Safe & Happy 4th of July!



5	Whole or 1% Milk WG Rice Chex Cereal Apple Quarters	Turkey & Cheese Sandwich Baby Carrots Banana	Animal Crackers Whole or 1% Milk
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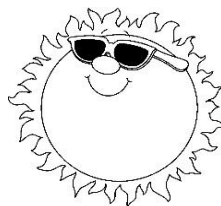
8	Whole or 1% Milk WG Cheerios Cereal Orange Slices	Diced Ham & WG Rice Hotdish Peas & Carrots Diced Pears, Bread	Town House Crackers Sliced American Cheese Water
9	Whole or 1% Milk Toast w/Jelly Diced Pears	Diced Chicken & Vegetable Soup Crackers, Cheese Sandwich Applesauce	WG Tortilla Chips Mild Salsa Whole or 1% Milk
10	Whole or 1% Milk Rice Krispies Cereal Applesauce	Sloppy Joes On WG Bun Corn Pineapple Tidbits	Pretzels & Raisins Whole or 1% Milk
11	Whole or 1% Milk WG Waffles w/Syrup Pineapple Tidbits	Chef Salad w/Diced Ham Shredded Cheese Banana, Bread	Applesauce Whole or 1% Milk
12	Whole or 1% Milk WG Kix Cereal Banana	Ham & Cheese Sandwich Cucumber Slices Orange Slices	Cheese It's Crackers Whole or 1% Milk



** 605 James Avenue is a peanut free facility that serves Wow butter instead of peanut butter.**

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(Whole or 1% Milk served with all lunches)			
15	Whole or 1% Milk WG Cheerios Cereal Orange Slices	Scalloped Potatoes w/Diced Ham Green Beans Diced Pears, Bread	Saltine Crackers Sliced American Cheese Water
16	Whole or 1% Milk Toast Diced Pears	Beef Cowboy Baked Beans Cheese Sandwich Applesauce	WG Rice Chex Cereal Whole or 1% Milk
17	Whole or 1% Milk Rice Krispies Cereal Applesauce	Diced Chicken Caesar Salads Banana WG Dinner Roll	Graham Crackers Whole or 1% Milk
18	Whole or 1% Milk Cinnamon Toast Banana	Beef Spaghetti w/WG Pasta Corn Pineapple Tidbits, Bread	Cheez-It's Crackers Whole or 1% Milk
19	Whole or 1% Milk WG Kix Cereal Pineapple Tidbits	Bologna & Cheese Sandwich Broccoli Trees Apple Quarters	Oyster Crackers Snack Whole or 1% Milk
22	Whole or 1% Milk WG Rice Chex Cereal Apple Quarters	Cheesy Hashbrowns w/Diced Ham Corn Diced Peaches, Bread	Town House Crackers Sliced American Cheese Water
23	Whole or 1% Milk Toast w/Wow Butter Diced Peaches	Beef & Bean Chili, Crackers Cheese Sandwich Orange Slices	WG Goldfish Crackers Whole or 1% Milk
24	Whole or 1% Milk Corn Flakes Cereal Orange Slices	Diced Chicken w/WG Rice Hotdish Green Beans Diced Pears, Bread	Fruit Yogurt Graham Crackers Water
25	Whole or 1% Milk WG Bagels, Cream Cheese Diced Pears	Cheese Omelets Baby Carrots Banana, Toast	Applesauce Whole or 1% Milk
26	Whole or 1% Milk WG Cheerios Cereal Banana	Turkey & Cheese Sandwich Cucumber Slices Orange Slices	Pretzels & Raisins Whole or 1% Milk
29	Whole or 1% Milk Rice Krispies Cereal Orange Slices	Beef Stroganoff w/WG Pasta Green Beans Pineapple Tidbits, Bread	Saltine Crackers Sliced American Cheese Water
30	Whole or 1% Milk Toast Pineapple Tidbits	Bean & Diced Ham Soup Crackers, Cheese Sandwich Apple Quarters	WG Flour Tortilla Wow Butter & Raisins Whole or 1% Milk
31	Whole or 1% Milk Corn Flakes Cereal Apple Quarters	Beef Tacos w/WG Tortilla Lettuce Salad Diced Pears	Diced Peaches Whole or 1% Milk



PLAN A PICNIC THIS WEEKEND



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