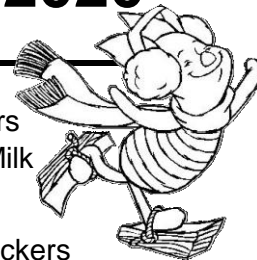
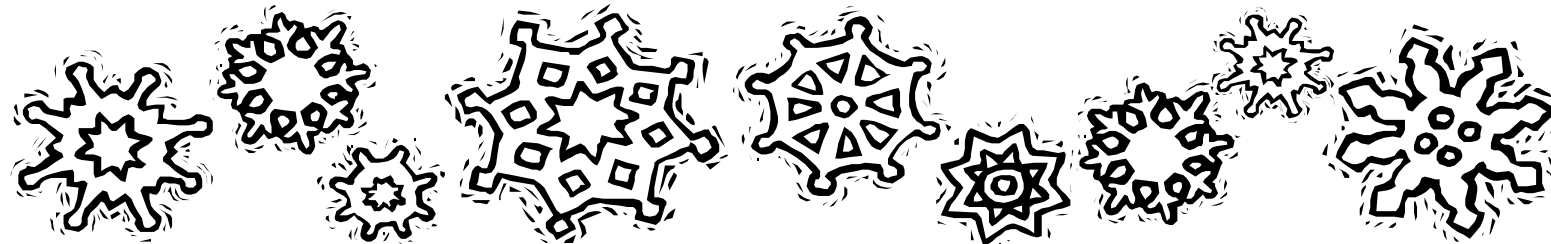
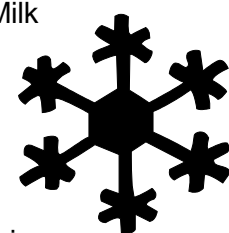
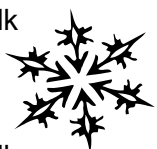


# The Children's Center Menu - January 2020



DATE	BREAKFAST	LUNCH	SNACK
<b>(Whole or 1% Milk served with all lunches)</b>			
2	Whole & 1% Milk Toast Orange Slices	WG Macaroni Cheese w/Diced Ham Green Beans Pineapple Tidbits, Bread	Animal Crackers Whole or 1% Milk
3	Whole & 1% Milk WG Rice Chex Pineapple Tidbits	Turkey & Cheese Sandwich Baby Carrots Apple Quarters	Cheesz-Its Crackers Whole or 1% Milk
6	Whole & 1% Milk Corn Flakes Cereal Apple Quarters	Diced Ham & WG Rice Hotdish Green Beans Diced Pears, Bread	Town House Crackers Sliced American Cheese Water
7	Whole & 1% Milk Toast w/Wow Butter Diced Pears	Vegetable Beef Soup Saltine Crackers, Apple Quarters Cheese Sandwich	WG Goldfish Crackers Whole or 1% Milk
8	Whole & 1% Milk Rice Krispies Cereal Apple Quarters	Diced Chicken Tacos w/WG Tortilla Lettuce Salad Diced Pears	Graham Crackers Whole or 1% Milk
9	Whole & 1% Milk Cinnamon Toast Diced Pears	Cheese Omelets, Toast Broccoli Trees Banana	WG Cheerios Cereal Whole or 1% Milk
10	Whole & 1% Milk WG Rice Chex Cereal Bananas	Turkey & Cheese Sandwich Baby Carrots Orange Slices	Apple Quarters Whole or 1% Milk
13	Whole & 1% Milk WG Cheerios Cereal Orange Slices	Diced Ham & Hashbrowns Hotdish Green Beans Diced Peaches, Bread	Wheat Thins Crackers Sliced American Cheese Water
14	Whole & 1% Milk Toast Diced Peaches	Beef & Bean Chili, Crackers Cheese Sandwich Apple Quarters	WG Goldfish Crackers Whole or 1% Milk
15	Whole & 1% Milk Corn Flakes Cereal Apple Quarters	BBQ Diced Chicken on WG Bun Broccoli Trees Orange Slices	String Cheese Apple Juice
16	Whole & 1% Milk WG Pancakes w/Syrup Oranges Slices	WG Biscuit w/Sausage Patty & Sliced American Cheese, Corn Pineapple Tidbits	Pretzels & Raisins Whole or 1% Milk
17	Whole & 1% Milk WG Kix Cereal Pineapple Tidbits	Hot Ham & Cheese Sandwich Baby Carrots Banana	Animal Crackers Whole & 1% Milk



\*\* 605 James Avenue is a peanut free facility that serves Wow butter instead of peanut butter.\*\*

# The Children's Center Menu - January 2020



**DATE      BREAKFAST      LUNCH      SNACK**

**(Whole or 1% Milk served with all lunches)**



20	Whole & 1% Milk WG Oatmeal Banana	Beef Goulash w/WG Pasta Corn Applesauce, Bread	Town House Crackers Sliced American Cheese Water
21	Whole & 1% Milk Toast w/Jelly Applesauce	Bean & Ham Soup, Crackers Cheese Sandwich Orange Slices	WG Rice Chex Cereal Whole or 1% Milk
22	Whole & 1% Milk Rice Krispies Cereal Orange Slices	Diced Chicken & WG Rice Hotdish Green Beans Diced Peaches, Bread	Graham Crackers Fruit Yogurt Water
23	Whole & 1% Milk Toast Diced Peaches	Beef Pizza Burger on WG Bun Baby Carrots Banana	Cheez-Its Crackers Whole or 1% Milk
24	Whole & 1% Milk WG Cheerios Cereal Banana	Bologna & Cheese Sandwich Broccoli Trees Orange Slices	WG Tortilla Chips Mild Salsa Whole or 1% Milk



27	Whole & 1% Milk WG Life Cereal Orange Slices	Diced Chicken Enchilada Hotdish w/WG Rice, Corn Pineapple Tidbits, Bread	Saltine Crackers Sliced American Cheese Water
28	Whole & 1% Milk Cinnamon Toast Pineapple Tidbits	Cheesy Diced Ham & Vegetable Soup, Saltine Crackers Apple Quarters, Cheese Sandwich	WG Goldfish Crackers Whole or 1% Milk
29	Whole & 1% Milk Corn Flakes Cereal Apple Quarters	Beef Spaghetti w/WG Pasta Lettuce Salad Diced Pears, Bread	Baby Carrots w/Ranch Dip Whole or 1% Milk
30	Whole & 1% Milk Toast Diced Pears	Scalloped Potatoes w/Diced Ham Green Beans Applesauce, Bread	WG Tortilla Chips Mild Salsa Water
31	Whole & 1% Milk WG Cheerios Cereal Applesauce	Turkey & Cheese Sandwich Baby Carrots Orange Slices	Animal Crackers Whole or 1% Milk



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