

The Children's Center Menu - January 2017

DATE BREAKFAST

LUNCH

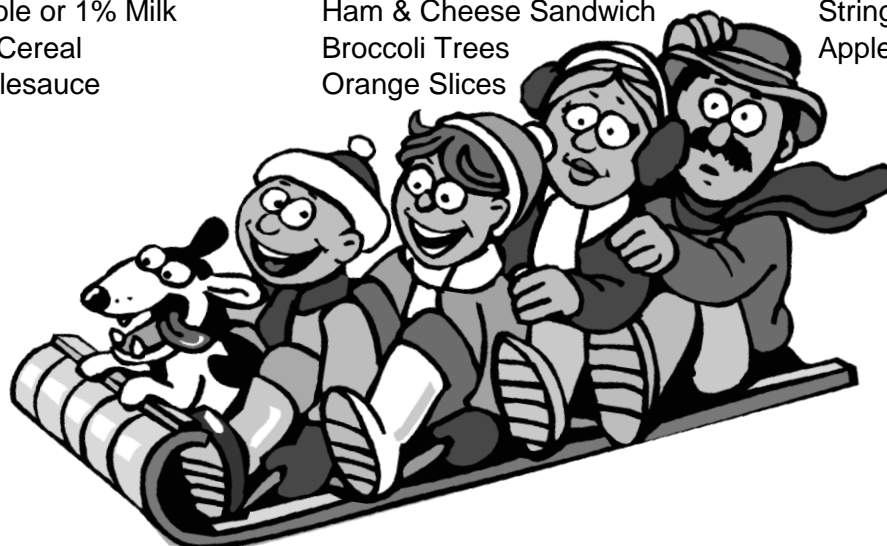
SNACK

(Whole or 1% Milk served with all lunches)

2 Closed to observe New Years Day!

3	Whole or 1% Milk Toast w/Wow Butter Apple Quarters	Ham & Hash Brown Hotdish Peas Fruit Cocktail, Bread	 Saltine Crackers Sliced American Cheese Water
4	Whole or 1% Milk Rice Chex Cereal Fruit Cocktail	Creamy Diced Chicken Vegetable Soup, Saltine Crackers Cheese Sandwich, Orange Slices	Whole Grain Goldfish Crackers Whole or 1% Milk
5	Whole or 1% Milk Cinnamon Toast Orange Slices	Hamburger Goulash w/Whole Wheat Macaroni, Corn Applesauce, Bread	Vanilla Wafers Whole or 1% Milk
6	Whole or 1% Milk Cheerios Cereal Applesauce	Turkey & Cheese Sandwich Baby Carrots Banana	Oyster Crackers Snacks Whole or 1% Milk

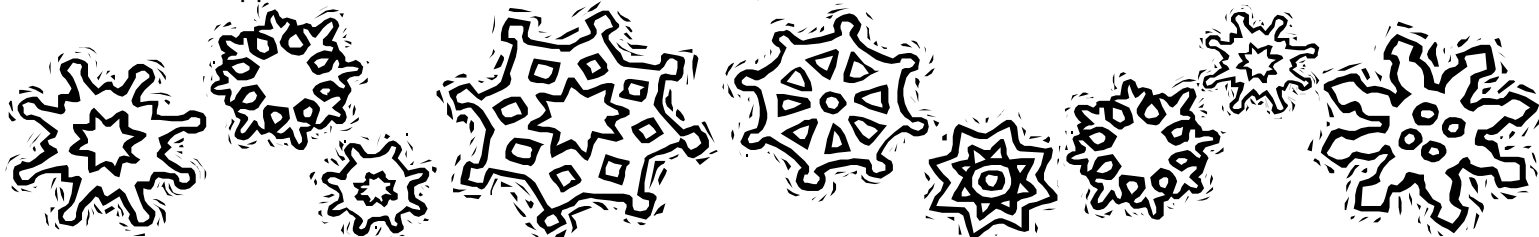
9	Whole or 1% Milk Corn Flakes Cereal Apple Quarters	Macaroni & Cheese & Diced Ham made w/ Whole Wheat Macaroni Diced Peaches, Green Beans, Bread	Ritz Crackers Sliced American Cheese Water
10	Whole or 1% Milk Toast w/Jelly Diced Peaches	Teriyaki Chicken Breast On A Whole Grain Bun Diced Carrots, Pineapple Tidbits	Cereal Party Mix Whole or 1% Milk
11	Whole or 1% Milk Rice Krispies Cereal Pineapple Tidbits	Beef & Bean Chili Saltine Crackers, Cheese Sandwich Diced Pears	Graham Crackers Sliced Oranges Water
12	Whole or 1% Milk Toast w/Wow Butter Diced Pears	Beef Taco w/ Whole Grain Softshell Lettuce Salad w/Ranch Dressing Applesauce	Tortilla Chips Mild Salsa Whole or 1% Milk
13	Whole or 1% Milk Kix Cereal Applesauce	Ham & Cheese Sandwich Broccoli Trees Orange Slices	String Cheese Apple Juice



** 605 James Avenue is a peanut free facility that serves Wow butter instead of peanut butter. **

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16	Whole or 1% Milk Rice Krispies Cereal Orange Slices	Scalloped Potatoes w/Diced Ham Corn Fruit Cocktail, Bread	Wheat Thins Crackers Cheese Cubes Water
17	Whole or 1% Milk Whole Grain Waffles Fruit Cocktail	Chicken Mini Corn Dogs w/Whole Grain Batter, Bread Mixed Vegetables, Diced Peaches	Apple Smiles (apples, wow butter & marshmallows) Whole or 1% Milk
18	Whole or 1% Milk Corn Flakes Cereal Diced Peaches	Diced Chicken & Brown Rice Vegetable Soup, Cheese Sandwich Apple Quarters	Whole Grain Cheese It's Crackers Whole or 1% Milk
19	Whole or 1% Milk Toast w/Jelly Apple Quarters	Pork & Beef Sliders Whole Wheat Bun, Green Beans Diced Pears	Vanilla Wafers Yogurt Water
20	Whole or 1% Milk Frosted Mini Wheats Diced Pears	Bologna & Cheese Sandwich Baby Carrots Banana	Graham Crackers Whole or 1% Milk
23	Whole or 1% Milk Cheerios Cereal Banana	Diced Ham & Brown Rice Hotdish Green Beans Mandarin Oranges, Bread	Pretzels & Raisins Whole or 1% Milk
24	Whole or 1% Milk Toast w/Wow Butter Mandarin Oranges	Beef Sloppy Joes, Sliced Pickles Whole Wheat Bun, Corn Diced Peaches	Baby Carrots w/Ranch Dip Whole or 1% Milk
25	Whole or 1% Milk Rice Chex Cereal Diced Peaches	Beef & Bacon Cowboy Beans Cheese Sandwich Applesauce	Whole Wheat Cinnamon Bread Whole & 1% Milk
26	Whole or 1% Milk Cinnamon Toast Applesauce	Cheese Omelets Lettuce Salad w/Ranch Dressing Banana, Toast	Wheat Thins Crackers Sliced American Cheese Water
27	Whole or 1% Milk Kix Cereal Banana	Turkey & Cheese Sandwich Broccoli Trees Apple Quarters	Vanilla Wafers Diced Pears Whole or 1% Milk
30	Whole or 1% Milk Rice Chex Cereal Apple Quarters	Cheesy Beef & Brown Rice Enchilada Hotdish, Corn Applesauce, Bread	Tortilla Chips Mild Salsa Whole or 1% Milk
31	Whole or 1% Milk Whole Grain Bagels Applesauce	Diced Chicken Alfredo Hotdish Lettuce Salad w/Ranch Dressing Diced Pears, Bread	Ritz Crackers w/Wow Butter Whole or 1% Milk



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