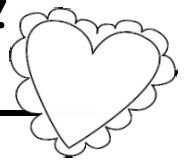


The Children's Center Menu - February 2017



DATE BREAKFAST LUNCH SNACK

(Whole or 1½ Milk served with all lunches)

1	Whole or 1½ Milk Corn Flakes Cereal Diced Pears	Bean & Diced Ham Soup Saltine Crackers, Banana Cheese Sandwich	Whole Grain Cheese It's Crackers Whole or 1½ Milk
	Whole or 1½ Milk Toast w/Jelly Banana	Hamburger in Gravy Mashed Potatoes Diced Peaches, Bread	Graham Crackers Applesauce Water
3	Whole or 1½ Milk Cheerios Cereal Diced Peaches	Ham & Cheese Sandwich Baby Carrots Orange Slices	String Cheese Apple Juice



6	Whole or 1½ Milk Rice Chex Cereal Orange Slices	Cheesy Diced Chicken & Brown Rice Green Beans Diced Pears, Bread	Saltine Crackers Sliced American Cheese Water
7	Whole or 1½ Milk Waffles w/Syrup Diced Pears	Pizza Burger On A Whole Grain Bun Corn Applesauce	Animal Crackers Whole or 1½ Milk
8	Whole or 1½ Milk Kix Cereal Applesauce	Creamy Diced Chicken & Vegetable Soup Saltine Crackers, Cheese Sandwich Orange Slices	Baby Carrots Ranch Dip Whole or 1½ Milk
9	Whole or 1½ Milk Toast w/Wow Butter Orange Slices	Walking Beef Tacos w/Tortilla Chips Lettuce Salad w/Ranch Fruit Cocktail	Whole Grain Cinnamon Churros Whole or 1½ Milk
10	Whole or 1½ Milk Corn Flakes Cereal Fruit Cocktail	Turkey & Cheese Sandwich Baby Carrots Apple Quarters	Whole Grain Goldfish Crackers Whole or 1½ Milk

13	Whole or 1½ Milk Rice Krispies Cereal Apple Quarters	Scalloped Potatoes w/Diced Ham Peas Diced Pears, Bread	Ritz Crackers Sliced American Cheese Water
14	Whole or 1½ Milk Toast w/Jelly Diced Pears	Whole Wheat Spaghetti w/Meat (Beef) Sauce, Fruit Cocktail Lettuce Salad w/Ranch Dressing, Bread	Mini Bagels w/Strawberry Cream Cheese Whole or 1½ Milk

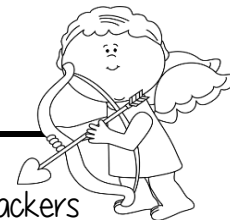


15	Whole or 1½ Milk Corn Flakes Cereal Fruit Cocktail	Beef Vegetable Soup Saltine Crackers, Cheese Sandwich Applesauce	Whole Grain Cheese It's Crackers Whole or 1½ Milk
16	Whole or 1½ Milk Toast w/Wow Butter Applesauce	Teriyaki Chicken Breast Whole Grain Bun, Green Beans Pineapple Tidbits	Pretzel Sticks Raisins Whole or 1½ Milk
17	Whole or 1½ Milk Cheerios Cereal Pineapple Tidbits	Bologna & Cheese Sandwich Broccoli Trees Orange Slices	Animal Crackers Whole or 1½ Milk

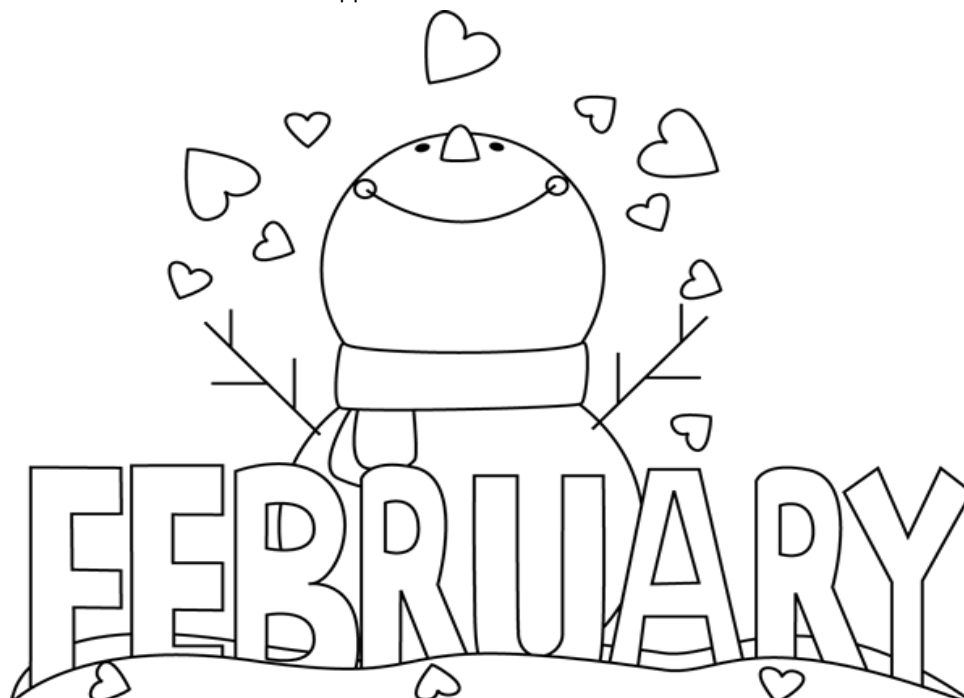


*** 605 James Avenue is a peanut free facility that serves Wow butter instead of peanut butter.***

The Children's Center Menu - February 2017



DATE	BREAKFAST	LUNCH	SNACK
(Whole or 1/2 Milk served with all lunches)			
20	Whole or 1/2 Milk Raisin Bran Cereal Orange Slices	Turkey Hot Dog On A Bun Baby Carrots Diced Pears	Wheat Thins Crackers Sliced American Cheese Water
21	Whole or 1/2 Milk Cinnamon Toast Diced Pears	Diced Ham & Brown Rice Hot Dish Green Beans Diced Peaches, Bread	Fluffer Wow Sandwiches (wow butter & marshmallow fluff sandwich) Whole or 1/2 Milk
22	Whole or 1/2 Milk Rice Chex Cereal Diced Peaches	Beef & Bean Chili Saltine Crackers, Banana Cheese Sandwich	Vanilla Wafers Applesauce Water
23	Whole or 1/2 Milk Whole Grain Waffles Banana	Beef Lasagna Hot Dish Romaine Lettuce Salad w/Ranch Pineapple Tidbits, Bread	Whole Wheat Biscuit w/Jelly Whole or 1/2 Milk
24	Whole or 1/2 Milk Corn Flakes Cereal Pineapple Tidbits	Turkey & Cheese Sandwich Cauliflower Florets Apple Quarters	Whole Grain Goldfish Crackers Whole or 1/2 Milk
27	Whole or 1/2 Milk Cheerios Cereal Apple Quarters	Hamburger Goulash w/Whole Wheat Macaroni, Corn Diced Pears, Bread	Ritz Crackers Sliced American Cheese Water
28	Whole or 1/2 Milk Toast w/Wow Butter Diced Pears	Cheesy Tuna Noodle Hotdish Peas & Carrots Applesauce, Bread	Broccoli Trees w/Ranch Dip Whole or 1/2 Milk



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