

# The Children's Center Menu - April 2017



**DATE BREAKFAST LUNCH SNACK**

**(Whole or 1% Milk served with all lunches)**

3	Whole or 1% Milk Whole Grain Rice Chex Apple Quarters	Whole Grain Macaroni & Cheese w/ Diced Ham, Green Beans Diced Pears, Bread	Wheat Thins Crackers Sliced American Cheese Water
4	Whole or 1% Milk Toast w/Wow Butter Diced Pears	Beef Sloppy Joe Whole Wheat Hamburger Bun Baby Carrots, Bananas	Whole Grain Goldfish Crackers Whole or 1% Milk
5	Whole or 1% Milk Whole Grain Corn Flakes Bananas	Hamburger Cowboy Baked Beans Cheese Sandwich Diced Peaches	Apple Smiles (apples, wow butter, & marshmallows) Whole or 1% Milk
6	Whole or 1% Milk Toast w/Jelly Diced Pears	Diced Chicken Teriyaki Chicken Whole Grain Rice, Corn Pineapple Tidbits, Bread	Oyster Cracker Snack Whole or 1% Milk
7	Whole or 1% Milk Whole Grain Kix Cereal Diced Pineapple	Ham & Cheese Sandwich Baby Carrots Orange Slices	Mozzarella String Cheese Apple Juice
10	Whole or 1% Milk Whole Grain Raisin Bran Orange Slices	Scalloped Potatoes w/Diced Ham Peas & Carrots Fruit Cocktail, Bread	Whole Grain Rice Chex Cereal Whole or 1% Milk
11	Whole or 1% Milk Whole Wheat Waffles Fruit Cocktail	Whole Grain Spaghetti w/ Beef Sauce, Applesauce, Bread Lettuce Salad w/Ranch Dressing	Fruit Cocktail Yogurt Water
12	Whole or 1% Milk Whole Grain Rice Krispies Applesauce	Diced Ham & Bean Soup, Crackers Cheese Sandwich Mandarin Oranges	Whole Grain Cheese-Its Crackers Whole or 1% Milk
13	Whole or 1% Milk Whole Wheat Cinnamon Toast, Mandarin Oranges	Turkey Hot Dog On A Bun Baby Carrots Banana	S'more Cereal Mix Whole or 1% Milk
14	Whole or 1% Milk Whole Grain Cheerios Banana	Sliced Turkey & Cheese Sandwich Cucumber Coins Apple Quarters	Fresh Vegetable Sticks Ranch Dip



Have a Safe &  
Hoppy Easter!

*\*\* 605 James Avenue is a peanut free facility that serves Wow butter instead of peanut butter.\*\**

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DATE	BREAKFAST	LUNCH	SNACK
<b>(Whole or 1% Milk served with all lunches)</b>			
17	Whole or 1% Milk Whole Grain Corn Flakes Apple Quarters	Diced Ham & Whole Grain Rice Green Beans Diced Peaches, Bread	Ritz Crackers Sliced American Cheese Water
18	Whole or 1% Milk Toast w/Wow Butter Diced Peaches	Diced Chicken Bacon Ranch Hotdish w/ Whole Grain Pasta, Corn Mandarin Oranges, Bread	Animal Crackers Whole or 1% Milk
19	Whole or 1% Milk Whole Grain Rice Chex Mandarin Oranges	Beef & Bean Chili, Crackers Cheese Sandwich Banana	Ants On A Log (celery w/wow butter & raisins) Whole or 1% Milk
20	Whole or 1% Milk Whole Wheat Bagels Cream Cheese, Bananas	Beef Lasagna Hotdish Lettuce Salad w/Ranch Applesauce, Bread	Whole Grain Corn Tortilla Chips Mild Salsa Whole or 1% Milk
21	Whole or 1% Milk Whole Grain Frosted Mini Wheats, Applesauce	Bologna & Cheese Sandwich Baby Carrots Orange Slices	Vanilla Wafers Whole or 1% Milk
24	Whole or 1% Milk Whole Grain Kix Cereal Orange Slices	Diced Ham & Cheesy Hashbrowns Green Beans Diced Peaches, Bread	Saltine Crackers Sliced American Cheese Water
25	Whole or 1% Milk Toast w/ Jelly Diced Peaches	Beef & Whole Grain Pasta Pizza Hotdish, Corn Applesauce, Bread	Graham Crackers w/Wow Butter Whole or 1% Milk
26	Whole or 1% Milk Whole Grain Rice Chex Applesauce	Diced Chicken Caesar Salads Whole Wheat Dinner Roll Diced Pears	Baby Carrots w/Ranch Dip Whole or 1% Milk
27	Whole or 1% Milk Cinnamon Toast Diced Pears	Cheese Omelets Broccoli Trees Fruit Cocktail, Whole Wheat Toast	Whole Grain Cheese It's Crackers Whole or 1% Milk
28	Whole or 1% Milk Whole Grain Cheerios Fruit Cocktail	Ham & Cheese Sandwich Baby Carrots Apple Quarters	Vanilla Wafers Whole or 1% Milk



## April Showers

## Bring May Flowers

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